



ASTRO ALIGNMENT



GUIDEBOOK



GRACE DUONG



THE ASTRO ALIGNMENT DECK

GRACE DUONG



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Introduction



When we look up into the astonishing vastness of the skies that weave our tales of origin as well as our auguries of the such as planets and asteroids, and how they can impact our





There is a whole UNIVERSE inside you just waiting to be explored.

Are you ready?

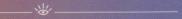
Rituals



There are an infinite number of ways you can work with The Astro Alignment Deck. This deck can serve as an educational tool or a way to inquire within yourself. Although the planets are in constant motion, you can ground yourself in the study of astrology by being present with the cards you pull. Ask yourself if there are energies you are drawn to over others, as that instinctual grab carries significant information. Take note if there are certain patterns that come up for you again and again and you can become aware of your nature—to either accept or transform for better understanding of the self.



How to Use the Cards



ONE CARD

You may want to begin by pulling a single card per day to learn the meaning of each card. Connect with the energy of the card and infuse its term into your astrology vocabulary. You can also place this card on your altar or sacred space to further

Before you pull your single card, you can shuffle your deck to see which Astro Alignment card wants to appear for you at that moment. Set an intention to trust that whatever message comes through is the right one for you to receive at this time.



ASTRO ALIGNMENT QUESTIONS

Here are some starter questions to help you get going with your Astro Alignment journey. Feel free to come up with your own for your individual practice!

- Which Astro Alignment card has a message for me today?
- 2. What aspect of myself needs further exploring?
- 3. How can I attune myself to the energy of the cosmos?



THREE CARDS

Simple three-card spreads can help answer more complex open-ended questions. Use these spreads to invoke the celestial intelligence of astrology. Imagine these cards connecting with each other in the vast sky like constellations do, creating patterns and providing messages as you align yourself to the Universe. You can see their relationships in any number of ways, but some to consider are the following:







| CARD 1 | CARD 2 | CARD 3 |
|--------------|------------|----------------|
| PAST | PRESENT | FUTURE |
| | YOU | US |
| SUBCONSCIOUS | conscious | SUPERCONSCIOUS |
| INDIVIDUAL | COLLECTIVE | UNIVERSE |
| DESIRES | CHALLENGES | OUTCOME |
| | WEAKNESS | ADVICE |



MARCH 21 - APRIL 19



8 Taurus APRIL 20 - MAY 20



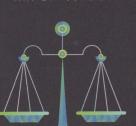
My Virgo AUGUST 23 - SEPTEMBER 22



3 Capricorn



I Gemini



SEPTEMBER 23 - OCTOBER 22





JUNE 21 - JULY 22



M. Scorpio OCTOBER 23 - NOVEMBER 21



* Pisces FEBRUARY 19 - MARCH 20

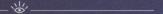


✓ Sagittarius NOVEMBER 22 - DECEMBER 21



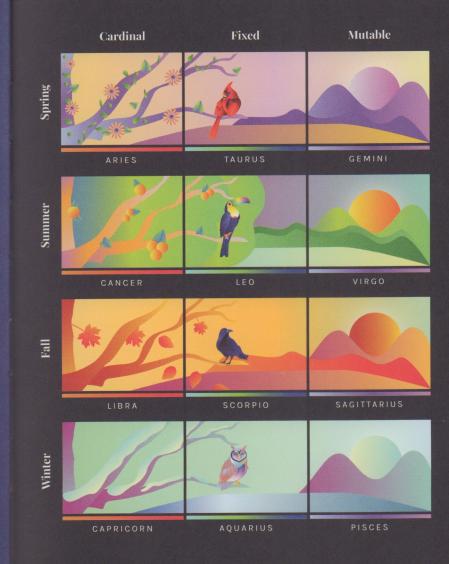
DECEMBER 22 - JANUARY 19

Modalities



Modalities represent the behavioral energy of the zodiac signs within each season. There are three—Cardinal, Fixed, and Mutable. Each season contains all three modalities, embodying the rhythm and flow of the season itself. Think of modalities like a three-act play, with each season containing a beginning, middle, and end. Modalities are sometimes known as quadruplicities, indicating groups of four because there are four zodiac signs for each modality. All of the elements are also represented in each modality, with a Fire, Water, Air, and Earth sign in each group.







Cardinal

Initiation, Spark, Vision

| Υ | ARIES | initiates through action |
|-------------|-----------|--------------------------------|
| ල | CANCER | initiates through devotion |
| 스 | LIBRA | initiates through partnerships |
| J 20 | CAPRICORN | initiates through strategy |

The initiators of the Zodiac, Cardinal signs take charge and forge a path. When the Sun moves into the beginning of each season, these signs kick it off with a bang, setting the tone and paving the way forward. Natural leaders, Cardinal signs like to be first, a ranking that comes naturally for them.



Fixed

Action, Momentum, Dedication

| ষ | TAURUS | stabilizes through material gains |
|-----------|----------|------------------------------------|
| ર્ગ | LEO | stabilizes through sense of self |
| m, | SCORPIO | stabilizes through emotional depth |
| ** | AQUARIUS | stabilizes through logic |

Fixed signs are dependable and loyal. They stick to their values and hold strong convictions. Because they uphold tradition, they can be perceived as stubborn. When a Fixed sign has made up their mind, it's hard to persuade them otherwise. They can be resistant to change. Fixed signs provide stability, especially when they carve out space for deep work.



Mutable

Versatility, Flexibility, Adaptability

| Ц | GEMINI | adapts through information |
|----|-------------|----------------------------|
| mγ | VIRGO | adapts through details |
| 7 | SAGITTARIUS | adapts through optimism |
| X | PISCES | adapts through imagination |

Like chameleons, Mutable signs shift to suit their environment. These flexible signs can adapt to understand multiple perspectives. Valuing communication, they breathe life into ideas worth sharing. Transitioning from the end of a season to a beginning, Mutable signs need choice, variety, and time to process information.

Elements

In Western astrology, every zodiac sign is assigned to one of the four elements—Fire, Earth, Air, and Water—with three zodiac signs under each element. The element can indicate the temperament and nature of the person with that sign and inform on what other zodiac signs they get along with best. Elements are also used in other mystic tools like the *Mystic Mondays Tarot* deck.

| \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\ | Modality | | | |
|--|----------|----------|-------|---------|
| | | Cardinal | Fixed | Mutable |
| nt | Fire | m | ર | Ŋ |
| Element | Earth | 700 | ਠ | mγ |
| Ele | Air | 7 | *** | I |
| | Water | 69 | M, | X |



Fire

Radiant, Enthusiastic, Dynamic

Sparks fly when a Fire sign is present! This element is captivating, dynamic, and passionate. Fire signs know how to dance with their desires and create movement to free their souls. Fire has the power to transform, generating warmth through flickering flame. However, be careful! When it gets out of hand, Fire can also destroy. Fire signs will need to ensure their flames don't grow unwieldy, manifesting in impulsive behavior and frustration. When this happens, they'll need to lean back into their desires and pay attention to what lights them up from the inside out to realign with their source of power.



Earth

Pragmatic, Grounded, Enduring

Rooted in reality, Earth signs bring pragmatism, tenacity, and stability. They value what is tangible and feeling through all five senses, indulging in their sensuality and attachment to pleasure as they tend to enjoy the finer things in life. However, Earth signs are not afraid to roll up their sleeves and get down and dirty to achieve their goals. They have the grit and focus to skillfully manage their resources, grounding themselves in the task at hand. Earth signs must learn to access their inner sense of security when faced with uncertainty. Internal reflects external, and once that strength is tapped from within, it can be manifested outward.



Air

Expansive, Intellectual, Inquisitive

Intellectuals at heart, Air signs prefer to live in their mental space, relying on rationality and logic. They are adept at both looking at the big picture and processing the small details. This skill allows them to organize their ideals and share them with humanity, honing their goals to improve society through communication. Air signs can see objectively because they are able to detach emotions from facts, evaluating the truth of the situation. However, to unite the collective, they will need to learn how to identify with their emotions and treat them as valuable information and a means to connect with others.



Water

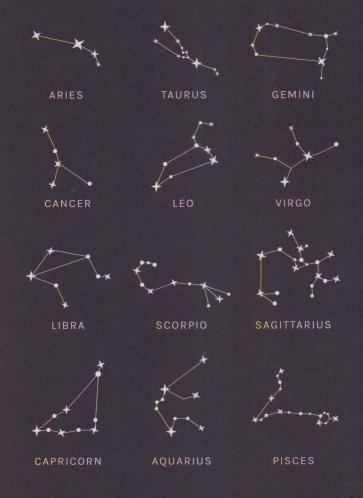
Refreshing, Mysterious, Fluid

Go with the flow! Water signs move with fluidity, intuition, and emotion. They have the ability to merge with others and truly understand what they are feeling. Because of this, it's important for Water signs to establish boundaries and decipher which emotions are their own and which they are channeling from others. Deeply psychic, Water signs are connected with the divine through their imagination, channeling it through artistic endeavors. Water signs' depth gives them powerful healing abilities, but they must discern emotional truths and be careful not to spiral down a dark hole. Once that discernment is strengthened, they can dive deeper into their emotions without getting lost.

Zodiac Signs

At the helm of astrology lies the Zodiac, a belt-shaped region that encompasses the paths of the Sun, Moon, and other known planets in the celestial sky, divided up into twelve slices of heavenly pie. Each zodiac sign is named after star constellations that span 30 degrees of longitude and latitude that map out the celestial sphere, forming an ecliptic coordinate system.

These twelve zodiac signs are popularly known in Western astrology as expressions of aspects of yourself and those around you. Although the Sun sign is the most popular and well-known placement, you embody aspects of all of the zodiac signs—and this is illuminated in the cosmic blueprint of your natal chart. By getting to know the zodiac signs, we can lean into our strengths and identify our weaknesses. Even if you are particularly well-endowed in a few signs, it's important to note that you embody all signs because zodiac signs carry polarity, meaning you will also have subtler traits of the signs directly opposite your own. Woven into the celestial tapestry is a story of your full, embodied self— are you ready to claim it?





Aries

Trailblazing, Innovative, Fearless TAROT CARD: The Emperor

| MODALITY: Cardinal | RULER: Mars |
|--------------------|------------------|
| SYMBOL: Ram | MANTRA: I am |
| ELEMENT: Fire | DATES: 3/21-4/19 |

As the first sign of the Zodiac, Aries forges forward with independence and a fiery zest for life! Aries are meant to embody play and indulge in activities that bring out their childlike wonder. This trait—often mistaken for naivety—allows Aries to push forward while others may cautiously hold back, making Aries a natural pioneer. Aries calls on you to face challenges head-on with bravery and courage. Lean on your individuality and tap into your special gifts. Notice what makes your heart sing and follow the beat of your own drum. Let the fire in your heart light the way forward.



Taurus

Tactile, Grounded, Stable TAROT CARD: The Hierophant

| MODALITY: Fixed | RULER: Venus |
|-----------------|------------------|
| SYMBOL: Bull | MANTRA: I have |
| ELEMENT: Earth | DATES: 4/20-5/20 |

Steady and grounded, Taurus is devoted to tactile, physical pleasure. Taurus is not afraid to work hard for their desires and root themselves in their values, often reflective of their love for beauty and artistry. Heightened sensuality through all five senses and indulging in the finer things in life are well-known Taurus traits. In short, self-care is always a priority because Taurus knows how to keep the cup overflowing with satisfaction. Root yourself in your pleasure and be committed to your craft for the long haul. When you devote yourself, you'll be surprised at what you are able to manifest.



Gemini

Multifaceted, Balanced, Curious

TAROT CARD: The Lovers

| MODALITY: Mutable | RULER: Mercury |
|-------------------|------------------|
| SYMBOL: Twins | MANTRA: I think |
| ÉLEMENT: Air | DATES: 5/21-6/20 |

Multitalented and adaptable, Gemini expresses their inquisitive nature through communication. Whether it is through art, writing, or speaking, Gemini is most comfortable learning as they go and sharing their insights with others. Symbolized by the Twins, they understand duality and the nuances of patterns, linking unrelated ideas to expose new inklings that can simultaneously deliver delight and bemusement. Gemini asks you to try new things and release the expectation of a specific outcome. Approach topics with an open mind and share what you find with others. Follow your curiosity!



Cancer

Nurturing, Sensitive, Caring
TAROT CARD: The Chariot

| MODALITY: Cardinal | RULER: Moon |
|--------------------|------------------|
| SYMBOL: Crab | MANTRA: I feel |
| ELEMENT: Water | DATES: 6/21-7/22 |

Hard on the outside, soft on the inside, Cancer is represented by the Crab. Connected to domestic matters, they prioritize family and home, instilling loyalty into the connections they craft. Known for their maternal sensibility, Cancer is a natural caregiver. Cancer can attune to the energy of a room because their intuition makes them sensitive to their environment. Cancer asks you to define your relationship to your home and your inner circle. While it is easy to put up walls, real strength lies in sharing your vulnerabilities. Allow yourself permission to be nurtured by others.



Leo

Courageous, Regal, Loyal
TAROT CARD: Strength

| MODALITY: Fixed | RULER: Sun |
|-----------------|------------------|
| SYMBOL: Lion | MANTRA: I will |
| ELEMENT: Fire | DATES: 7/23-8/22 |

Regal and mighty, Leo shines in the spotlight as a natural leader. Others gravitate toward Leo as a source of light like the Sun, attracted to their natural confidence and ability to uplift others. Leo also has a flair for drama and can put on the theatrics for an engaged audience, amplifying their passions. Heed the call of the Lion and allow yourself to absorb the attention that falls on you. Leo asks you to shine as bright as you possibly can and show off your authenticity. The more you allow yourself to be seen, the more others can revel in your gifts. Be brave and show your heart. Failure is merely feedback.



Virgo

Analytical, Functional, Efficient TAROT CARD: The Hermit

| MODALITY: Mutable | RULER: Mercury |
|-------------------|-------------------|
| SYMBOL: Virgin | MANTRA: I analyze |
| ELEMENT: Earth | DATES: 8/23-9/22 |

Analytical and resourceful, Virgo shines through organization and structure. Virgo is able to skillfully process large amounts of information with finesse. These virtuous signs dive into the details to help improve the bigger picture. With a meticulous eye, they are problem-solvers and approach situations with care. Virgo strives for perfection, and it can be impossible for them to live up to the idealistic goals they set for themselves. Virgo asks you to pay attention to the details and to move methodically. Embody rituals that are healing, sustainable, and practical. Be patient and kind in your divine timing.



Libra

Diplomatic, Harmonious, Balanced

TAROT CARD: Justice

| MODALITY: Cardinal | RULER: Venus |
|--------------------|-------------------|
| SYMBOL: Scales | MANTRA: I balance |
| ELEMENT: Air | DATES: 9/23-10/22 |

Diplomatic and fair, Libra infuses balance and harmony, striving for equilibrium in their lives. Prioritizing partnerships, they learn about themselves through the reflection of others, using them to mirror their light and shadow. Libra is represented by the Scales because they seek justice and the restoration of peace in broken systems. High-minded Libra can elevate spaces with their intellect, eye for design, and love of symmetry. Libra calls on you to craft win-win situations so that you can lead with all parties in mind. Cultivate relationships through giving, receiving, and most importantly, listening.



Scorpio

Deep, Intense, Transformative TAROT CARD: Death

| MODALITY: Fixed | RULER: Mars, Pluto |
|------------------|--------------------|
| SYMBOL: Scorpion | MANTRA: I desire |
| ELEMENT: Water | DATES: 10/23-11/21 |

Scorpio wields innate, potent power with a venomous sting. Enigmatic and mysterious, they move swiftly between secrets, diving deep into the depths of personal transformation and often acting as a catalyst for others to heal themselves. Using their passion as purpose, Scorpio can be very persuasive when they truly believe in their mission. They have the ability to regenerate themselves in their quest to seek truth. Scorpio asks you to investigate your inner self and explore your shadow. What parts of yourself are you keeping a secret and why? Set yourself free from taboos.



Sagittarius

Adventurous, Free, Philosophical TAROT CARD: Temperance

| MODALITY: Mutable | RULER: Jupiter |
|-------------------|----------------------|
| SYMBOL: Archer | MANTRA: I understand |
| ELEMENT: Fire | DATES: 11/22-12/21 |

With an open mind, Sagittarius approaches life as one big adventure! Philosophical and curious Sagittarius has an enthusiasm that puts wind in their sails, often pushing them to travel and explore. Sagittarius embodies optimism, choosing to see obstacles as opportunities. With a thirst for truth, Sagittarius will know no bounds when it comes to seeking knowledge. Sagittarius asks you to expand your horizons and leap forward with faith and curiosity. Allow yourself to dream big and take up space. Be ready to adapt and embody flexibility as you explore your desires. The world is waiting for you.



Capricorn

Disciplined, Tenacious, Resilient
TAROT CARD: The Devil

| MODALITY: Cardinal | RULER: Saturn |
|--------------------|-------------------|
| SYMBOL: Goat | MANTRA: I use |
| ELEMENT: Earth | DATES: 12/22-1/19 |

Disciplined and focused, Capricorn values responsibility, tradition, and ambition. They are represented by the Goat because they steadily scale mountains, climbing ever upward to reach their goals. Grounded in realism, they craft masterful plans that are strategic and practical. Capricorn thrives in finding opportunity in restrictions. Although they love to follow and enforce rules, inside the Capricorn is a rebellious spirit, learning the rules so they can use them to their advantage. Capricorn asks you to think ahead and follow through with long-term plans. Step-by-step actions take you closer to achieving the big picture.



Aquarius

Innovative, Rational, Humanitarian TAROT CARD: The Star

| MODALITY: Fixed | RULER: Saturn, Uranus |
|----------------------|-----------------------|
| SYMBOL: Water Bearer | MANTRA: I know |
| ELEMENT: Air | DATES: 1/20-2/18 |

A conduit of mystical healing, Aquarius is future forward, aspiring to change the world through humanitarian ideals and radical thinking. With their out-of-the-box solutions, they are able to connect the dots to effect change and progress. They are focused on the collective rather than individual pursuits and prefer to work in teams. Aquarius asks you to carry intention into your actions. You are one star among millions and the actions you take have a ripple effect in society. Don't be afraid to speak up and share your innovative ideas—no matter how weird they may seem. Push against the status quo.



Pisces

Psychic, Intuitive, Dreamy

TAROT CARD: The Moon

| MODALITY: Mutable | RULER: Jupiter, Neptune |
|-------------------|-------------------------|
| SYMBOL: Fish | MANTRA: I believe |
| ELEMENT: Water | DATES: 2/19-3/20 |

Swimming in the depths of the psyche, Pisces merges the worlds of fantasy and reality. Illusion is a fine friend to this sign—they find comfort in their imagination, a retreat from the dullness everyday life can bring. This fanciful quality can also be used as a form of escapism and avoidance of reality, so Pisces should be careful to keep their head above water when they need to. Pisces can absorb emotions easily. Highly psychic, they can tap into collective unconscious energy and translate it into their art. Pisces calls on you to tap into your emotions and process your feelings. Connect with the divine—there are messages waiting for you there.

Houses

In astrology, the natal charts are depicted by a wheel divided represents a different arena of life experience and a region where the energies of the signs and planets operate in the context of what the house represents. Think of the planets as actors and the houses as sets on the stage. As each planet transits through different houses of the astrology wheel, they try on different costumes from the zodiac sign that house is under. The sign shows you how a planet expresses itself and the house shows you in which area of life.

Journeying through each house, from beginning to end, is a progression from the personal self to the world, shifting and evolving through transits as you mirror the movement and evolution in your own life. You can also check to see the planetary ruler of the zodiac sign assigned to each house in your natal chart to see its influence over that life arena.



First House



Second House



Third House



Fourth House



Fifth House



Sixth House



Seventh House



Eighth House



Ninth House



Tenth House



Eleventh House



Twelfth House



SIGN: Aries PLANET: Mars

The first house rules the self and shows key characteristics of your identity. This might include attributes like your appearance and presence. The first house can also indicate behaviors and how you choose to express yourself. This house represents how you are seen by others based on first impressions and the mask you wear to the world. The first house also determines the Ascendant sign, as the Ascendant is the cusp of the first house. When interacting with the first house, lean into your identity and the ways you choose to express yourself. What sets you apart from everyone else? Embrace these qualities.



SIGN: Taurus PLANET: Venus

The second house rules material possessions and is known as the house of values and assets, which includes money, real estate, and investments. Based on your value system, the second house reveals how you attract money and choose to spend it. Likewise, it can show how you repel money based on the beliefs you have around worth. The key to material stability lies in the second house, with accumulated assets often reflecting inner security and how a person feels about themself.



3rd House

Communication, Transportation, Local Community

SIGN: Gemini PLANET: Mercury

Ruled by Mercury, the third house is concerned with communication, the foundation on which we build all relationships. The third house affects interpersonal dynamics with everyone from your family and friends to neighbors and others in your communities, as well as how you conduct yourself in these circles. It can also indicate how your early education affected your learning style and how you process information. Look to the zodiac sign that rules your natal third house to see what type of information stimulates you intellectually. This house is also known for travel, whether over a short distance like a hike or a longer one like an international trip.



SIGN: Cancer

PLANET: Moon

At the base of the natal chart lies the fourth house, representing home, family, and ancestry. Origins and values are passed down here, including traditional customs from your heritage, ancestral relics, and generational beliefs. As the foundation for your early life, this sets the tone as you develop and evolve into your adult self, often leaving a lasting impact. The fourth house can contain karmic obligations and blessings bestowed by family traditions. This house also defines your sense of home and what you surround yourself with to feel safe.



SIGN: Leo PLANET: Sun

The fifth house rules creativity and day-to-day activities that can instill joy and satisfaction. The first four houses guide the journey of the internal self, and the fifth house sets the stage for your outer self to step into the spotlight. The fifth house is concerned with how you like to have fun and the many ways you express yourself through recreation, from creative pursuits like acting or crafting to vices like gambling or partying and even sensory activities like indulgent self-care rituals or casual sex. This house also represents children and your attitude toward them. Look to the activities you enjoyed or wish you tried as a child and see if there is a part of you that wants to play in that sandbox once again.



SIGN: Virgo PLANET: Mercury

The sixth house rules service, work, and the habits that make up your everyday life. It's about finding the balance you need to lead a productive and healthy lifestyle that works for you. The sixth house requires editing and refinement, as routines tend to fluctuate with the periods of your life. Health is also covered by the sixth house as your mental, physical, and spiritual well-being defines your ability to get things done. As Aristotle said, "We are the sum of our actions, and therefore our habits make all the difference." Look to the sixth house to see if your daily actions align with the qualities you'd like to embody and to decide if change is needed.



7th House

Partnerships, Balance, 1-on-1 Relationships

SIGN: Libra PLANET: Venus

The seventh house rules significant partnerships, specifically one-on-one relationships. This house signifies romantic partnerships, marriages, and long-term relationships; however, it can also mark business partnerships and even rivalries. When you are in a deep relationship with another person, you will get to know the best and the worst in them and in yourself, and you two will reflect those qualities outward into the ether. The spectrum of all the best and worst traits of our relationships mirror the breadth of traits present in ourselves. Explore these aspects of your relationships and how you relate to these characteristics in yourself as both the lover and the enemy.



SIGN: Scorpio PLANET: Pluto

The eighth house rules transformation, taboos, and other people's resources. These are forces outside of your personal control, imparting lessons that lead to growth—which can be painful but effective. Associated with the occult, the eighth house is a portal into the spiritual realm through these life-changing experiences and transitions. Inherently a spiritual act and therefore also ruled by this house, sex can create life and transcend individual experience by connecting you with other souls. The eighth house also represents assets like inheritances and legacies. These assets can be karmic—giving but also taking from the retributions of past lifetimes, which do not always necessarily relate to your ancestry of this lifetime.



SIGN: Sagittarius

PLANET: Jupiter

Pushing us to new heights, the ninth house represents philosophy, knowledge, and advanced learning. This house is a portal to the Universe that propels us to grow by experiencing the outer world through travel, culture, and foreign lands as well as exploring our inner landscapes through education. Either way, the ninth house deals with expansion inside and out. It shapes ideology and how you process the world. This impacts spirituality and your relationship with the divine. What higher truths have you learned from your life experiences?



10th House

Career, Public Life, Reputation

SIGN: Capricorn

PLANET: Saturn

The tenth house represents your career and calling in life. The path to your dream job and the secrets to your advancement in society are embedded in the tenth house. Reputations are built through time and dedication, and as this house's planetary ruler is Saturn, it contains lessons that can only be learned through discipline. To what cause are you willing to dedicate your life's work? The tenth house speaks to your ambition and motivation to leave a legacy. It can also denote your relationship to power and authority figures. Through interpreting the placements in your tenth house, you can uncover the ways you'll make your mark and contribute your gifts to humanity.



SIGN: Aquarius

PLANET: Uranus

The eleventh house is where you can tap into your network, collaborations, and communities. This branches out beyond the local communities encompassed in the third house and extends to organizations you belong to, and followers on the internet. The eleventh house designates your social standing within your web of social networks, both tangible and virtual. Dreams are not realized alone, and you can achieve them through the help of others. The signs in this house can also show you how you relate to others and the groups you are attracted to joining. You are the sum of those you choose to surround yourself with, so make sure they are people who support your big dreams!



SIGN: Pisces

PLANET: Neptune

The twelfth house reveals secrets that swim in the subconscious, unbeknownst to us until they rise above the surface. Karmic baggage and treasures can live here, revealing the underlying motivations that come from fears and desires. The twelfth house is a veil through which you access dreams, astral planes, and intuition, departing from the physical self to reach the ethereal spiritual self. In this realm, there are no limitations to your truth; however, you can still trap yourself here within the confines of your fears. The twelfth house brings light to what lies unconscious, waiting to be awakened and transformed.

Astrological Axes

₩____

In astrology, duality is represented by axes. An axis exists as the cusp of each house and in the pairings of zodiac signs opposite one another. The most well-known axes are the ones between the Ascendant and Descendant and the Imum Coeli and Medium Coeli (Midheaven), spread around the chart in ninety degree increments. We must keep in mind not only the signs of these placements that represent the self, but also the parts of us that are unseen and unacknowledged on the opposite side of the axis. The axis acts as a mirror between the qualities we embrace and those we reject. To gain a whole sense of self, we must learn to embrace both the conscious and unconscious aspects of self. Astrological axes are a tool to better understand that.

Medium Coeli



Imum Coeli PRIVATE LIFE







Descendant



Ascendant

Appearance, First Impression, Mask LOCATION: First House Cusp

The Ascendant is at the cusp of the first house, also known as your Rising sign. It marks what was rising on the eastern horizon at the exact moment of your birth. That is why birth times are imperative to calculate an accurate natal chart in astrology. This placement can show your conditioning in early childhood and what affected your upbringing. Your conditioning can highly affect how you choose to present yourself to the world, as you cultivate a mask for survival. This part of yourself may be what you're most comfortable sharing on a surface level. Ask yourself: What parts of my conditioning affect how I choose to present myself?



Descendant

Attraction, Relationships, Partnership LOCATION: Seventh House Cusp

Opposite the Ascendant lies the Descendant. Where the Ascendant focuses on "me," the Descendant focuses on "us." It is an axis of partnership and what you seek in one-on-one relationships. The Descendant is at the cusp of the seventh house of partnerships and what crossed the western horizon at the exact moment of your birth. The sign placed here can show the qualities that most attract you to a person. Often, the qualities you are attracted to reside in yourself, too, just unacknowledged. By embodying your seventh house qualities, you can craft fulfilling relationships and better understand how you relate to others.



Imum Coeli

Nadir, Origins, Inner Child LOCATION: Fourth House Cusp

In Latin, Imum Coeli means "bottom of the sky." In astrology it means the cusp of your fourth house, or what crossed the Northern Hemisphere at the exact moment of your birth. This placement can show the roots of where you come from and the foundations of your personal life. The sign at this axis shows how your personality formed based on your family upbringing and the relationships you had within your homelife. While the Imum Coeli can be a mark of past pride, it can also point out past wounds. Accessing your Imum Coeli can help you heal your inner child and allow yourself to grow past your roots.



Medium Coeli

Midheaven, Direction, Success LOCATION: Tenth House Cusp

Also known as your Midheaven (the Latin means "middle of the sky"), the Medium Coeli shows how you can access material success. It is the highest point of your natal chart—the top of the circle on the chart—and acts as the cusp of the tenth house of public recognition, or what crossed the Southern Hemisphere at the exact moment of your birth. The Midheaven is an important aspect because it represents your highest aspirations. While the Ascendant is the personality you project outward, the Midheaven is the identity that is projected onto you by others. This sign represents the perceived reputation that precedes you.

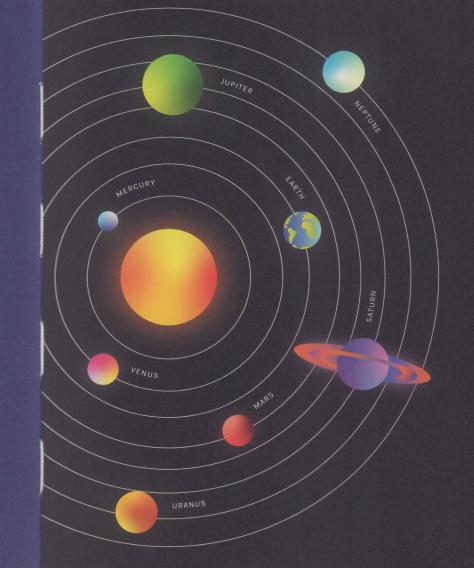
Planets

18

In astrology, planets are the actors and the night sky is the stage, with the houses representing the different sets on which scenes can take place. The planets then exchange dialogue with one another, depending on the set against which they are acting, and the aspect they are making toward one another can allude to the blocking of the scene. The two luminaries, the Sun and the Moon, are included in this list because they hold great influence in the astrological chart. The planets also serve as rulers, completely embodying the personalities and traits assigned to them. They are named after the Greek and Roman gods and goddesses, after all, and take their dramas seriously, reenacting glory, triumph, and tragedy in the celestial theater.

Are you a passive observer or an active participant?

That is up to you.





Sur

Life, Vitality, Purpose

TAROT CARD: The Sun

| DOMICILE: Leo | FALL: Libra |
|---------------------|----------------------------|
| EXALTED: Aries | AVERAGE SIGN TIME: 1 Month |
| DETRIMENT: Aquarius | ORBIT: 1 Year |

The Sun is where you shine in your natal chart, and the house where your Sun is located sets the stage for success. As a vital source of light, the Sun represents life purpose and conscious ego, the base identity of who we are. The Sun's power lies in its presence, which lies in the present. This planet shows you how to be who you are becoming by embodying your full essence in the moment. Like the other planets that revolve around the Sun as the center of the solar system, the other forces in your chart revolve around the Sun's essence in you. The Sun is the boss of your chart and directs you forward into your true, authentic self.



Moon

Emotions, Instincts, Subconscious

TAROT CARD: The High Priestess

| DOMICILE: Leo | FALL: Scorpio |
|----------------------|-----------------------------|
| EXALTED: Taurus | AVERAGE SIGN TIME: 2-3 Days |
| DETRIMENT: Capricorn | ORBIT: 29.5 Days |

The Moon is the planet of the Goddess and rules our emotions. This placement is where you feel secure and safe in expressing your vulnerabilities, the parts of you that are sacred. It intermingles your past into the present so that you can process what lurks in your subconscious. It can speak to your primal instincts, reactions that require no thinking. The Moon sign can show how you express your emotions, and the house in which it resides can point to where you feel safest expressing your most vulnerable self. The Moon is a reflection of the depth of your soul.



Although Earth is not traditionally viewed as a celestial influence in astrology because we inhabit this planet, Gaia is located on your natal chart exactly opposite your Sun sign by house and degree. This house can point to where you could use some grounding and embody the Earth element more holistically. Your body is your home on Earth, and Gaia urges you to nourish yourself and use your physical body as a vehicle for your soul to not only survive but thrive. Gaia also speaks to treating the Earth with kindness and respect. While the Earth elements can influence the temperament of an individual, Gaia can show you how you relate to your body, environment, and world.



Mercury

Communication, Correspondence, Expression

TAROT CARD: The Magician

| DOMICILE: Gemini, Virgo | FALL: Pisces |
|-------------------------|----------------------------|
| EXALTED: Virgo | AVERAGE SIGN TIME: 25 Days |
| DETRIMENT: Aquarius | ORBIT: 88 Days |

Mercury is the planet of communication, curiosity, and intellect. Its sign represents how you like to express yourself and its house signifies the area of life in which you most avidly use your communication skills and reasoning. The type of correspondence referred to here can vary from in-person to online. In the age of the Internet, we often meet people's Mercury when we interact through social media, emails, and other networking platforms. Mercury helps us process information and sort through all the sources to make sense of it. Look to your Mercury for communication strengths and clues on how to improve weaknesses.



Venus

Beauty, Artistry, Love

TAROT CARD: The Empress

| DOMICILE: Libra, Taurus | FALL: Virgo |
|---------------------------|----------------------------|
| EXALTED: Pisces | AVERAGE SIGN TIME: 1 Month |
| ĎETRIMENT: Aries, Scorpio | ORBIT: 225 Days |

Venus is named after the goddess of love, a symbol of aligned values, romance, and what we hold near and dear to our hearts. The ruler of major life areas including love, money, and beauty, Venus shows us where we find pleasure, how we enjoy it, and why we spend on those things. Above all, Venusian influence can inform your style in approaching and cultivating relationships. In essence, Venus outlines your love language and what you need to feel loved by another. It also alludes to attraction and what others find attractive about you. Lean into your natural gifts.



Mars

Competition, Action, Willpower TAROT CARD: Sun

| DOMICILE: Leo | FALL: Libra |
|---------------------|----------------------------|
| EXALTED: Aries | AVERAGE SIGN TIME: 1 Month |
| DETRIMENT: Aquarius | ORBIT: 1 Year |

Mars, named after the god of war, is the planet of action, passion, and instincts. When you find yourself activated by fear, anxiety, and threats, look to your Mars to see the primal nature of your survival instincts. Sexual desires also fall under Mars's rule because of how they are rooted in physicality and the body. Mars activates drive, ambition, and competition, providing the zeal to face challenges head-on. Mars's power can be productive or destructive—use it well.



Jupiter

Optimism, Growth, Opportunity TAROT CARD: Wheel of Fortune

| DOMICILE: Sagittarius, Pisces | FALL: Capricorn |
|-------------------------------|---------------------------|
| EXALTED: Cancer | AVERAGE SIGN TIME: 1 Year |
| DETRIMENT: Gemini, Virgo | ORBIT: 12 Years |

Jupiter is known as the king of the gods and is associated with abundance, higher learning, and expansion. The largest planet in our solar system, Jupiter brings prosperity and luck with its massive presence. As we grow, we encounter lessons at each progression, and Jupiter provides the necessary teachers to inform your evolving philosophies. This can require long-distance travel, whether through physical means or astral projection, and optimistic Jupiter will ask that you expand beyond your comfort zone.



Saturn

Discipline, Obstacles, Boundaries

TAROT CARD: The World

| DOMICILE: Capricorn, Aquarius | FALL: Aries |
|-------------------------------|------------------------------|
| EXALTED: Libra | AVERAGE SIGN TIME: 2.5 Years |
| DETRIMENT: Cancer, Leo | ORBIT: 29 Years |

Saturn is known as the taskmaster, keeping track of time through restriction and discipline. The ability to manage tasks, big or small, is essential to life's everyday flow. Saturn values tradition, climbing the ladder, and building our authority over time, much like its ruling sign Capricorn. Through the Saturnian lessons, we build perseverance, grit, and character to handle more challenges ahead, accruing hard-earned wisdom. Structure is essential to maintain order, and Saturn asks you to commit to your responsibilities so you can gain more freedom by growing beyond your limitations.



Uranus

Revolution, Invention, Eccentricity TAROT CARD: The Fool

| DOMICILE: Aquarius | FALL: Taurus |
|--------------------|----------------------------|
| EXALTED: Scorpio | AVERAGE SIGN TIME: 7 Years |
| DETRIMENT: Leo | ORBIT: 84 Years |

Uranus, known as the god of the sky and the heavens, carries an abrupt energy that can be either erratic or enlightening. As an outer planet, Uranus orbits slowly and its effects are felt generationally, surrounding us with a cohort of souls with whom we are meant to learn the same lessons. Together, your generation moves forward in a wholly original way, making each generation better than the last and building a foundation for the future. Uranus evokes intuition that sparks invention, and those able to tune in can heed its call. Listen to the ideas that surround you and your peers, and don't be afraid to act upon them.



Neptune

Mysticism, Spirituality, Escapism
TAROT CARD: The Hanged Woman

| DOMICILE: Pisces | FALL: Aquarius |
|------------------|-----------------------------|
| EXALTED: Leo | AVERAGE SIGN TIME: 14 Years |
| DETRIMENT: Virgo | ORBIT: 165 Years |

Neptune is known as the god of the seas and invokes fantasy, illusion, and confusion. There is a mysterious haze anywhere Neptune touches where spiritual enlightenment can be reached, while at the same time making us vulnerable to the deception of unrealistic expectations. As an outer planet like Uranus, Neptune orbits slowly and its effects are felt generationally. Neptune harbors the hopes and dreams of a whole cohort, carrying depths within its waters. Look to how you and your peers may shape society through your dreams, the span between illusion and reality.



Pluto

Regeneration, Rebirth, Transformation

TAROT CARD: Judgment

| DOMICILE: Scorpio | FALL: Libra |
|-------------------|--------------------------------|
| EXALTED: Aries | AVERAGE SIGN TIME: 11-31 Years |
| DETRIMENT: Taurus | ORBIT: 248 Years |

Pluto, known as the god of the Underworld, is a planet full of transformation, regeneration, and rebirth. Pluto bubbles up what is beneath the surface and subconscious shadows. As an outer planet like Uranus and Neptune, Pluto orbits slowly and its effects are felt generationally. Each Pluto generation moves forward with power, control, and destruction, obliterating what no longer works with every subsequent Pluto orbit. By illuminating our "dark" side, Pluto challenges us to accept the duality of humankind. If we resist, it can cause power struggles, manipulation, and obsession.

Asteroids



Asteroids were not traditionally part of astrology, but more astrologers have come to use them as society has evolved and changed. Much like the planets, they represent archetypes and embody characteristics of mythological deities. Asteroids are named after the Greek and Roman goddesses and embody much more specific traits. As most of the planets are masculine in nature, the asteroids help balance that energy with femininity. Tap into divine goddess energy when working with the asteroids and allow this to illuminate the feminine aspects of your chart. Remember, though, that although the celestial bodies correlate with certain gods or goddesses, they don't inherently have gender themselves—rather they are channeling the archetypes' expressions.





Ceres

Self-Care, Wellness, Agriculture

The depth of a mother's love is personified in Ceres, known as the Earth Mother and represented by Demeter, the mother of Persephone in Greek mythology. Mothers experience the expanse of love, grief, the cyclical nature of life, and fierce protection for their children. Ceres in your natal chart can show you how you feel most naturally nurturing toward others, as well as what helps you feel well cared for. Look to Ceres to improve your self-care and well-being, allowing yourself to be nurtured by the fierce Earth Mother. Ceres provides a holistic outlook, tracking the seasons of what we need to feel whole in mind, body, and spirit.



Chiron

Core Wounds, Vulnerability, Potential through Pain

Chiron is known as the "Wounded Healer," named after the centaur in Greek mythology. Chiron symbolizes your core wounds that have the potential to heal and become teaching tools for others through your own spiritual growth. Because you've experienced these wounds and their deep impacts on your life firsthand, you can help others heal after you've learned to overcome them yourself. As you unlock the lessons of Chiron, your healing creates a ripple effect, inspiring hope. The most important work we can do is to heal ourselves so that we can shine bright and be the light for others.



Pallas

Wisdom, Skill, Self-Defense

Pallas is an asteroid of wisdom, strategy, and the art of war through defense and justice. Pallas activates your logical mind, approaching problems through pattern recognition and rational thinking. Also known as Pallas Athene, the daughter of Zeus, this placement can speak to father-daughter relationships as well. Pallas can show how you approach creative problem-solving and how you channel that into practical and tasteful solutions. Although Pallas Athene is named after the goddess of war, she chooses to wield force intelligently, with patience and tact. Look to your Pallas for how to access your strategic mind. Pallas has a plan!



Vesta

Inner Spark, Sacrifice, Devotion

Vesta is known as the goddess of the hearth and home, an ancient symbol of the sacred flame that purifies our soul through fire. This points to what we hold sacred at the core of our being. This placement can show you how to tend to your inner flame and the areas of life in which you show your devotion through spiritual growth. Vesta tends to your home and those qualities that are important for you to create a sanctuary. An asteroid of spirituality, Vesta serves your internal world, illuminating your inner landscape and cultivating that crucial relationship that will last beyond time—the one with yourself.



Psyche

Soul, Consciousness, Mind

Psyche is known as the goddess of the soul and is related to psychology and the study of the unconscious mind. Psyche represents the trials and tribulations you go through to test your faith in love, truth, and beliefs. Psyche can illustrate how you choose to pursue and understand your psychology through the lens of love. To what lengths will you go for love? The challenges you face in pursuit of love can test your loyalty, commitment, ego, and trust. Psyche can be the candle lighting the way forward, but the journey relies greatly on your faith. Love has the ability to transform your soul, and Psyche sheds light on how this part of you is expressed.



Eros is known as the god of desire, popularly referred to as Cupid. Locked on its target, the arrows of Eros can result in chaos, leading us to act blindly in the name of love, overridden by desire. Eros can connect you to your body and sensory gratification. It can also depict your creative passions and the excitement when you dive into your desires. Although it is rooted in physicality, sex can be a transcendent experience as well, and provide a spiritual connection that goes beyond the body. Look to Eros when you need to navigate passion as obsession, overriding reason in favor of primal pleasures.



Juno

Marriage, Commitment, Bonds

Juno represents marriage, commitment, and the qualities that you look for in a soul mate or even a soul family. It can also reveal how insecurities manifest within relationships—through jealousy, inferiority, and tolerance of toxic behavior. The traits of the Juno placement are characteristics that work well over a sustained period of time. Venus can express your romantic side and Mars can display your passions, but Juno describes your long-term mates, accepting the wholeness of who you are, flaws and all. The gift of Juno is learning to accept all parts of yourself, too, as they are reflected in relationships.

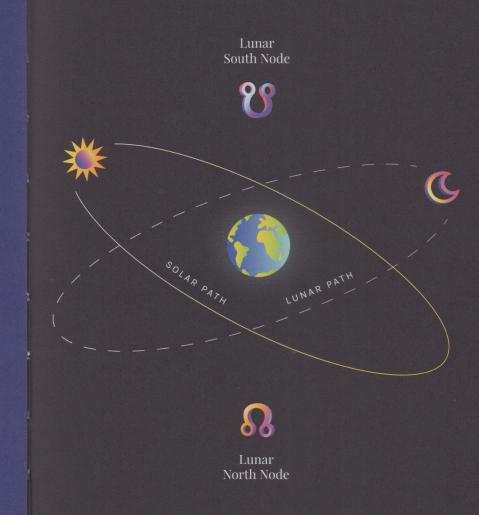


Lilith embodies your dark side, representing your shadow, emotions like anger, and boundaries. Lilith embraces your inner authority and sense of justice. Sexuality is expressed here, especially those parts of yourself you choose to show only behind closed doors. Lilith walks a fine line between empowering and exposing you, depending on how well you own your vulnerabilities. Look to Lilith to explore the parts of you holding on to buried emotions like grief and how these emotions can propel you into taking aligned action, even if you are misunderstood.

Lunar Nodes

The Lunar Nodes are also known as the Nodes of Destiny, illuminating orbits where the Moon and Sun intertwine. They are mathematical points that fall directly opposite each other in the natal chart, meaning they also fall in opposite zodiac signs. Lunar Node signs change every eighteen months, a placement you share with anyone born within the same span as you. These are the spiritual warriors whom you travel with to learn the same lessons through your unique, individual experiences. Lunar Nodes map out our spiritual path—what we came here to learn and what we're here to leave behind. The opposing pairs of the zodiac signs are:

| m | Aries — Libra | |
|----|----------------------|-----|
| ४ | Taurus — Scorpio | m, |
| I | Gemini — Sagittarius | Ŋ |
| 0 | Cancer — Capricorn | |
| શ, | Leo — Aquarius | X |
| | Virgo — Pisces | *** |





South Node

Past Lives, Natural Gifts, Karmic Challenges

AVERAGE SIGN TIME: 18 months

ORBIT: 18.5 Years

The South Node acts as the gateway to the past, an illumination of your past lives and the gifts you've accessed from those lifetimes. These natural abilities will show up in early childhood, based on the zodiac sign at this node. Although these skills will come easily, it does not necessarily mean they will be fulfilling. The key is to use these South Node gifts to unlock the challenges that await you for greater growth and soul evolution. Aim to leave negative qualities behind as you develop into your North Node path.



North Node

Destiny, Purpose, Activation

AVERAGE SIGN TIME: 18 months

ORBIT: 18.5 Years

The North Node is a point of destiny and the path of evolution for you to fulfill your karmic purpose in this lifetime. The North Node calls on you to step into unexplored terrain that will require you to face challenges head-on, each lesson leveling you up toward soul satisfaction. It is often a stretch and requires you to step out of your comfort zone of the South Node, where your natural skills lie, to embody new skills that you can grow into and excel at. Through these tough lessons, you gain wisdom and activate your true purpose of what you're here on Earth to do in this lifetime.

Moon Phases

The natural cycles of life are inherent in the Moon, whose phases recur every 28.5 days, allowing us to experience beginnings and endings again and again. The only constant is change, and the Moon's phases remind us of it as we set intentions and watch our manifestations flourish, alter, and bloom into our wildest dreams. Each phase represents a stage in the cycle, planting the seeds during the New Moon and peaking with the Full Moon. Each of the eight phases is significant and can reveal whether it is a time to be receptive or to take action. Utilize the Moon phases to sync yourself to the natural rhythm of the Earth. Under the moonlight, tend to your emotional needs.

> Let the moon illuminate your inner landscape,

a sight to behold.

New Moon



Creation Intention Potential

Waxing Crescent



Conceptualization Strategy

First Quarter



Momentum Initiative Magnetism

Waxing Gibbous



Patience



Nurturing Refinement

Full Moon



Culmination Release Illumination

Waning Gibbous



Harvest Reception Gratitude

Third Quarter



Breakdown Readjustment **Forgiveness**

Waning Crescent



Surrender Restoration



New Moon

Creation, Intention, Potential

















The New Moon is a potent time for planting seeds and setting intentions for a bright future ahead. During the New Moon, the Sun and Moon are in exact alignment in the sky and reside in the same astrological sign. The Moon appears to be invisible, so the void of the night sky is an empty canvas to pour your desires into, a portal into the mysteries of your soul. The New Moon can help connect your external actions with your internal thoughts, illuminating your needs and aspirations. Use the New Moon to inspire aligned action, letting your inner magic unfold and be birthed and rebirthed as many times as it needs to through the lunar phases.



Waxing Crescent Moon

Focus, Conceptualization, Strategy















The Waxing Crescent Moon is a phase of activation. The seeds have been planted under the New Moon, and now it's time to plan for the growth ahead, maximizing your efforts so that you are prepared for when your fruit is ripest. By focusing on the details, you can begin to flesh out the strategy you need to take your ideas from conception to actualization. The Moon begins to show a sliver of herself here, symbolizing your intentions en route to manifestation. The effort that you put into your desires leads to the energy that follows, committed to your beliefs. Allow yourself to be fluid—as your needs change, your desires change too.



First Quarter Moon

Momentum, Initiative, Magnetism













The First Quarter Moon is a phase of momentum, action, and making decisions. This is all due to the groundwork you've laid in the previous lunation, the Waxing Crescent Moon phase. The Moon is at a ninety-degree angle to the Sun and Earth, appearing to be half illuminated and half in shadow. Widen your perspective and be ready to act. As momentum picks up, notice any resistance you face. These are not signs that the idea is not going to work—instead, take them as challenges for you to rise to the occasion. Utilize your willpower and determination to power through this yang phase of the lunar cycle. Your efforts will be rewarded in time.



Waxing Gibbous Moon

Nurturing, Patience, Refinement















The Waxing Gibbous Moon is a phase of nurturing, reflecting on the big ideas worth prioritizing for this Moon cycle. This phase requires patience because we may feel stuck in thought spirals centered on our own insecurities about what we deserve. The best thing we can do during this time is focus on the next step. Sometimes we can get lost in the details, but the Waxing Gibbous Moon asks us to edit and refine our big plans, right before the culmination of the Full Moon, when we'll be able to release the built-up tension. Until then, practice trust under this lunation and focus your tunnel-vision on what's most important to you. It's time to get out of your



Full Moon

Culmination, Release, Illumination















The Full Moon marks fulfillment and completion, the period when your intentions from the New Moon are at their peak. At this time, the Sun and Moon are opposite each other in the sky, which can create an inner clash, a push and pull between the mind and heart. Since collective lunacy is in the air, it's important to ground yourself in your truth. The Moon affects water levels, and since humans are made primarily of water, you may struggle with the intensity of your emotions and heightened senses. Embody the fullness of who you are, releasing all that no longer serves you to make room for what's to come.



Harvest, Reception, Gratitude



















The Waning Gibbous Moon is a phase of harvest-receiving and sharing the abundance that is available to you. Spreading joy and contributing back to your community compound the bounty, as gratitude grows with your generosity. This Moon phase encourages you to speak your truth, sharing what you've learned from this current and previous Moon cycles to support and be supported. Reciprocity is at its heightthe more you give, the more you are able to receive, and vice versa. Although your manifestations may not completely look or happen the way you've expected, the Universe is conspiring with you always. Be humble and trust that all is working as it



Third Quarter Moon

Breakdown, Readjustment, Forgiveness















The Third Quarter Moon is a phase of readjustment as you break down your intentions to realign yourself to the vibration of your desires. The Moon is at a ninety-degree angle to the Sun and Earth, half illuminated and half in shadow. The Sun and Moon make an astrological square, creating tension with their hard angles. At this point in the lunar cycle, subconscious narratives are coming to the surface for you to face, confront, and release. Awareness of your patterns can direct you to make long-lasting change, breaking down for a breakthrough.



Waning Crescent Moon

Surrender, Restoration, Trust

















The Waning Crescent Moon is a phase of imagination and closure. There is clarity to be found in solitude, and during this time you are asked to trust yourself and the Universe. You are being taken care of and your desires are heard. Surrender any expectation and release the need to control the outcome. With the last glimmer of the Moon before it disappears into the night sky, this lunation is best for rest and recuperation to prepare yourself for the new cycle ahead. Be receptive to the messages coming your way and internalize the wisdom of this mature Moon phase. Trust in divine timing and that your visions are taking form, step-by-step.



Moon Void of Course

Disconnect, Withdrawal, Reception

Moon Void of Course occurs when the transiting Moon makes its last major aspect to another celestial body before moving from one zodiac sign to the next. It is the liminal space of the Moon itself entering the void. Since the Moon enters all twelve of the signs every twenty-seven days, the Moon Void of Course happens every two to three days, occurring several times a week. This is felt collectively, embedding the air with restlessness and lack of focus. During this time, it's best to involve yourself in receptive pastimes like meditation, journaling, dreaming, and other yin activities that pull you inward. By restoring yourself, you are brewing energy that you can infuse into your manifestations when the Moon goes direct. Let yourself rest regularly!

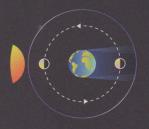


Supermoon

Luminosity, Intimacy, Hyperawareness

A supermoon appears bigger and brighter in the sky because it is closer than usual to the Earth. Technically one occurs any time the Moon is within 224,000 miles. Its more formal name is a perigee-syzygy moon: perigree meaning the moon is orbiting at its closest distance to the Earth and syzygy meaning the Earth, Moon, and Sun are aligned. Not exclusive to Full Moons, Supermoons can happen during any phase, including lunar and solar eclipses. Potent and powerful, Supermoons are believed to amplify the astrological traits of that zodiac sign. So pay attention if you are feeling the Supermoon's effects more intensely than other New or Full Moons!

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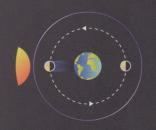
Solar Eclipse

Creation, Intention, Potential

MOON PHASE: New Moon

FREQUENCY: 6 Times a Year

A solar eclipse brings new beginnings, illuminating bright possibilities, bold visions and futures, and fresh starts. A solar eclipse occurs when the Moon is positioned between the Sun and Earth, blocking off the Sun's light. A solar eclipse always occurs on the New Moon, whereas a lunar eclipse happens on the Full Moon. Eclipses often mark sudden and lasting change, ushering in the catalyst we need to grow—no matter how pleasurable or painful. Where the eclipse happens in your astrology chart will determine how that particular eclipse will affect your life. Look to the aspects of the Sun and Moon to see if this eclipse brings breakdowns or breakthroughs.



Lunar Eclipse

Culmination, Release, Illumination

MOON PHASE: Full Moon

FREQUENCY: 6 Times a Year

A lunar eclipse brings endings, culmination, letting go of what no longer serves you, and facing your shadows. A lunar eclipse occurs when Earth is positioned between the Moon and the Sun, blocking the light of the Sun from the Moon. A lunar eclipse always happens on the Full Moon. Like solar eclipses, lunar eclipses often bring sudden and lasting change, ushering in the catalyst we need to grow, no matter how pleasurable or painful. Where the eclipse happens in your astrology chart will point to how that particular eclipse will affect your life. Look to the aspects of the Sun and Moon to see if this eclipse brings breakdowns or breakthroughs.

Aspects

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Aspects are the angles formed between the different celestial bodies in an astrology chart. Depending on the angle, an aspect can depict a harmonious, neutral, or challenging energy between the planets and can affect how you express their characteristics in your life. Understanding your aspects can heighten your awareness of your innate strengths and weaknesses, giving you a blueprint for approaching what may otherwise feel unexplainable. Aspects themselves work other times clashing. They can also illuminate your relationships with other people, revealing what comes easily and what might cause tension. When working with these energies, remember that they are neither inherently good nor bad; they merely offer information to help inform your cannot change but are willing to work on for the growth of your cosmic consciousness.





Conjunction

Integration, Synergy, Unity

A conjunction is when two celestial bodies appear to be very close together or even in the same spot, merging their energies in the solar sky. Typically this is when the angle between them measures zero to ten degrees. Because of their proximity, they will most likely occupy the same zodiac sign. The planets in conjunction become a team, working together and intensifying their powers as a united force. However, that does not mean that their energies are always compatible. Depending on their traits, they can be harmonious or challenging to one another when their energies are blended. Look at your natal chart to see how conjunctions at the moment of your birth have influenced your personality, offering insight into your strengths and weaknesses.



Sextile

Harmony, Ease, Compatibility

Harmonious and easygoing, the sextile aspect is positive and beneficial, providing an easy flow between celestial bodies. The astrological points will be two zodiac signs away from each other, about sixty degrees apart, which means they fall within compatible elements. Air and Fire encourage one another like oxygen to flame, and Water and Earth nurture each other like rain to plants. These pairings flow with ease, providing one another with opportunities to flourish. Utilize a sextile aspect with its beneficial energy to take action! Because sextile aspects come so easily, there may not be an immediate push to capitalize on these natural strengths. Use your innate gifts to your advantage!



Square

Competition, Tension, Disharmony

Aspecting at a hard angle, the square is most known for friction, conflict, and drama. A square is when two planets are three zodiac signs apart, or separated by roughly ninety degrees, falling within the same modality of Cardinal, Fixed, or Mutable. This can cause tension between the astrological points as they struggle to speak the same language with no differing perspective to help them compromise. Although this energy can feel blocked and frustrating, a square can be used productively. The pressure is like a boiling pot of water, forcing you to look at the issues to make changes. You always have a choice—you can face your challenges or ignore them until the pot boils over and can no longer be ignored.



Trine

Auspiciousness, Positivity, Luck

A trine is when the celestial bodies are four zodiac signs apart, or 120 degrees, with those signs sharing the same element of Fire, Earth, Air, or Water. This synchronistic aspect offers fortuitous blessings and opportunities, manifesting as good luck that seems to come out of nowhere! But don't take this energy for granted. Utilize the gift of the trine to propel you forward to overcome the more challenging aspects you face. Although trines can bring good fortune and are quite effortless to experience, you may not be able to enjoy them if you avoid the other aspects in your chart. Look to a trine to maximize your natural strengths and explore how it can empower you to spread more joy elsewhere in your life.



Opposition

Resistance, Struggle, Polarity

Intense and challenging, the opposition aspect occurs when two celestial bodies are exactly across the sky from one another, or at 180 degrees. This means they are six zodiac signs away from each other and share a modality, like Cardinal, Fixed, or Mutable. They will additionally reside in compatible elements such as Fire and Air or Earth and Water. Oppositions are also referred to as zodiac polarities, bringing opposites together for balance. This aspect can present planets as speaking completely different languages, making it difficult to find common ground. However, oppositions lay the groundwork for growth, pushing you outside your comfort zone to face any resistance.



Quincunx

Dissonance, Adjustment, Discord

The quincunx aspect occurs when two planets are 150 degrees or five zodiac signs apart. It is also referred to as an inconjunct aspect. In this aspect, the celestial bodies have a hard time relating to one another as they have nothing in common, creating friction and stress. To find the quincunx aspects in your chart, locate the opposite zodiac sign of a planet, and then take note of the two signs that are neighbors to that opposite sign. Although challenges may arise with this aspect, the important thing to note is that it always gives you an opportunity to better understand the parts of yourself that produce inner conflict. Lean into this aspect with compassion.

Time Travel

Astrology has long been known as a tool of prediction, forecasting the future through charts. However, astrology can also be used to reflect, recognizing patterns that have occurred throughout history in order to make more informed decisions going forward. By looking into the past and preparing for the present, we can lay the groundwork for the future and anticipate what to expect under certain transits. In this section, we cover terms that relate to the passing of time, whether a term or an annual event.

Astrology, like the seasons in nature, has a rhythm, providing comfort with its **consistent cycles.**





Transits

Insight, Movement, Change

Transits are a method of interpreting planetary movements as they transition through the celestial sky. Astrologers use transits to forecast future events, trends, and developments in relation to current news. On a personal level, transits are used to interpret the movement of planets in the individual's chart, to better understand the impact of the current aspects on that person's life. The planets are the actors and the houses set the stage. Take note of where the transit is happening in your chart to understand which part of your life it is impacting. While this is beneficial for predicting the future, tracking transits is also a useful tool for reflecting on and noticing patterns that have played out in your life in the past.



Cusp

Transition, Liminality, Twilight

In astrology, a cusp represents the imaginary line between consecutive zodiac signs or houses. Most people know of cusps as they relate to Sun signs, referring to those born a few days before or after when the Sun transitions into another sign and therefore embodying traits of either or both signs. Cusps are said to be an auspicious time to be born, with the twilight hours of these transitions bringing illuminating shifts. However, there is also debate among astrologers on the validity of cusps and whether they even exist. You may be influenced by other aspects of your chart that carry that sign, rather than the influence of the cusp. Look at your natal chart holistically and tune in to see if the cusp resonates with you.



Retrograde

Reversal, Deceleration, Distance

While pop culture has embraced the infamous Mercury Retrograde, this is not the only planet to partake in this astrological transit! A retrograde is when a planet appears to be moving backward in the sky because of the speed of the planet's movement in relation to Earth's rotation. During retrogrades, the collective may feel disoriented in the area that the planet rules—for example, with Mercury Retrograde there can be issues with communication and tech. However, retrogrades can also be an opportunity to slow down and reassess. If things are going haywire, don't just blame the planets—take accountability. Rejection is redirection.



Planetary Return

Cyclicity, Homecoming, Progress

A planetary return is when the transiting planet makes its full orbit to the precise position it occupied at the moment of an individual's birth, a new astrological beginning. Returns can also apply to asteroids. But no matter the celestial body, the timespan of its orbit will determine the frequency of the return. For example, the Sun returns to its exact position every year on your birthday, known as a Solar Return. As the serious taskmaster, Saturn's return comes every twenty-nine to thirty years, and your first Saturn Return often brings hard lessons that give you the tools to advance into adulthood. The flavor of the return will depend on the planet, and these events are worth embracing as a mark of your continuous transformation and growth.



Equinox

Commitment, Integration, Shifts

The equinox happens twice a year when Earth's axis aligns with the solar orbit and its tilt is neutral toward the Sun. The Sun is directly above the Earth's equator, giving both hemispheres approximately the same hours of day and night. Hence, the word equinox, which translates to "equal night." Equinoxes mark fresh starts and beginnings, with the spring equinox kickstarting the new astrological year and the fall equinox marking a time of harvesting abundance. Plant your seeds during an equinox and call in your manifestations with balance, integration, and intention.



Solstice

Focus, Transition, Amplification

The solstice happens twice a year when the Sun reaches its highest or lowest point relative to the celestial equator. In Latin, solstice translates to "Sun stands still," with the Sun appearing to halt in the sky as it makes its descent in the shortest day of the year (winter solstice) or ascent in the longest day of the year (summer solstice) in the heavenly skies. Solstices are significant because they represent the Earth's relationship to the Sun and the Sun's ability to shape seasons and give life to the planet. Look at how the Sun affects you. Really feel its ability to give you energy and help you nurture your life force.

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